Reconnecting the Disconnect: Families, Children, and School Groups

DATE AND TIME
Tuesday, 23 February 2010 / 1PM-2PM

SPEAKER(S)
Carly Martin
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SESSION DESCRIPTION
So many things are disconnecting us from nature: busy lives, economic woes, technology, vicious attack chipmunks. Having a relationship with our natural world improves our physical and emotional health and will increase support for parks and natural lands. Join Cleveland Metroparks Naturalist, Carly Martin, to talk about ideas on how to reconnect families and children with the natural world around us, whether through school or family programs.

SESSION LEARNING OBJECTIVES
- Understand the impacts that “disconnect” with nature can have on today’s youth, and discuss effects and solutions.
- Identify processes, programs and methods that engage children in the outdoors in a lasting way.
Reconnecting the Disconnect: Families, Children and School Groups

20 things you can do today!

By Carly Martin
Cleveland Metroparks
Naturalist 1, CIG

Start People Where They Are

Be Excited

Follow Kids’ Interests & Diversions

Climb on Logs

Address Fears
Feed Spiders

Touch Stuff

Carry a Hula Hoop

Get Dirty, Wet

Do Funny Stuff

Use a Variety of Paces
Invite your Group to Notice

Don’t be Afraid to Change your Plan

“...we infect our children with our impatience”

Find / Build Special Places

Invite Adults to be Full Participants

Include the Arts & the Subjective
No Tragedies before 4th Grade

Tackle Projects where Progress can be Seen

Do This Stuff

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